

# P.E.P.P. UNLIMITED

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*This course meets mandatory requirements for PCH/ALR Administrators*



## Motivational Interviewing

- The Motivational Interviewing approach
- Principles of Motivational Interviewing
- Skills and strategies of Motivational Interviewing: OARS
- Strategies for Change Talk
- Types of Sustain Talk
- Responding to Resistance

\$59

3-HRS