

P.E.P.P UNLIMITED

Phone: (215) 348-3112

Email: info@peppunlimited.com

Web: www.peppunlimited.com

100 HOURS TRAINING SCHEDULE 2025 / 2026

Each Day Begins at 9:00 am & Ends by 5:00pm *(9hr sessions have 8am start)*

Tardiness more than 20 minutes will result in non-credit for class session

****Dates and Times for Sessions are subject to change****

RED MODULE

6 hrs	Gerontology The Aging Process, Aging in Place, Sensitivity Training, Age Discrimination Act of 1975, Elder Care Payment Restitution Act, Act 171 of 2002, Elder Abuse	October 13, 2025 January 12, 2026 April 13, 2026 July 13, 2026 October 12, 2026
3 hrs	Residents Rights DHS Regulations - Healthcare Ethics - Home Rules Fostering a Home-Like Environment - Sensitivity Training Complaint Procedures	
4 hrs	Community Resources, Social Services and Activities in the Community Available Options to Senior Citizens - Resources Caregiver Resources - Community Health & Social Services Emergency Resources - Associations/Organizations Vendor Resources	October 14, 2025 January 13, 2026 April 14, 2026 July 14, 2026 October 13, 2026
4 hrs	Recreation State Regulations - Resident Centered Programming Identify and Define the 6 Program Scopes - Program Assessment Working with Residents with Special Needs Low Cost, Low Budget Activities - Resources Professional Organizations	
7 hrs	Nutrition, Food Handling and Sanitation Nutrition and the Elderly - Creating & Maintaining PPD Guidelines for Cooking - Menu Planning Personal Hygiene Guidelines for Food Handlers Food Safety & Sanitation Techniques	October 15, 2025 January 14, 2026 April 15, 2026 July 15, 2026 October 14, 2026
2 hrs	Local, State and Federal Laws and Regulations Pertaining to the Operation of a Home Local/State/Federal Laws	
7 hrs	Medication Procedures, Medication Effects and Side Effects and Universal Precautions DHS Regulations - Common Medical Terminology The Medical/Medication Record Drug Classifications, Purposes, and Precautions Medication Administration - Common Medical Emergencies Common Diseases & Disorders in the Elderly Universal Precautions - Advance Directives Death of a Resident	October 16, 2025 January 15, 2026 April 16, 2026 July 16, 2026 October 15, 2026

YELLOW MODULE

4 hrs	Budgeting, Financial Record Keeping and Resident Records Developing Budgets - Federal Forms - Resident Information Employee Information - Complaints & Unusual Incident Reports	<i>November 10, 2025</i>
2 hrs	Resident Home Contracts Purpose of Contracts - Contract Content - SSI Contracts House Rules	February 9, 2026 May 11, 2026 August 17, 2026 November 9, 2026
8 hrs	Care for Residents Who Have Dementia, Cognitive Impairments and Other Special Needs Dementia - Alzheimer's Disease - Other Special Needs	<i>November 11, 2025</i> February 10, 2026 May 12, 2026 August 18, 2026 November 10, 2026
9 hrs (8 am start)	Care for Residents with Mental Illness Mental Illness - Mental Health & Aging Mental Illness & the Family - Crisis Intervention Techniques Resources	<i>November 12, 2025</i> February 11, 2026 May 13, 2026 August 19, 2026 November 11, 2026
6 hrs	Abuse and Neglect Prevention and Reporting Definition of Abuse and Neglect - Indications of Abuse Types of Abuse - Reporting Abuse - Abuse Prevention	<i>November 13, 2025</i> February 12, 2026 May 14, 2026
2 hrs	Care for Residents who have Developmental Disabilities The Developmentally Disabled Resident Dealing with Challenging Behaviors	August 20, 2026 November 12, 2026

BLUE MODULE

5 hrs	Writing, Completing and Implementing Initial Assessments, Annual Assessments and Support Plans Preadmission Assessment - 15 Day Assessment Support Plan - Frequency of Change	<i>December 8, 2025</i> March 16, 2026 June 15, 2026 September 21, 2026
3 hrs	Cultural Competency Cultural Issues - Cultural Communication Diversity Training for Staff	December 7, 2026
8 hrs	Staff Supervision and Staff Person Training Including Developing Orientation and Training Guidelines for Staff: Supervisory Techniques - Hiring Techniques - Staffing Job Descriptions - Staff Related Issues - Staff Training Unemployment Compensation – COBRA – FMLA	<i>December 9, 2025</i> March 17, 2026 June 16, 2026 September 22, 2026 December 8, 2026
9 hrs (8 am start)	Personal Care Services and Personal Hygiene Definition & Understanding Personal Hygiene Assistance with Activities of Daily Living Assistance with Instrumental Activities of Daily Living Management and Communication Related to Personal Hygiene Universal Precautions - Physical Site Safety	<i>December 10, 2025</i> March 18, 2026 June 17, 2026 September 23, 2026 December 9, 2026
4 hrs	Fire Prevention and Emergency Preparedness General Information about Fires Personal Care Home Fire Safety Considerations Problems & Solutions to Safe Exiting Working with Local Fire Department Disaster Planning - Policy & Procedures - Record Keeping	<i>December 11, 2025</i> March 19, 2026 June 18, 2026 September 24, 2026 December 10, 2026